

YOUTH DEK HOCKEY

RULES & REGULATIONS



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AGE DIVISIONS:	PEE WEE (ages 4, 5, 6), PENGUIN (ages 7, 8, 9), BEAVER (ages 10, 11, 12), CADET (ages 13, 14, 15) and FRESHMEN (ages 16, 17 18).
DIVISION ELIGIBILITY:	A player's age on January 1st determines his/her division eligibility for the entire calendar year. Players are allowed to "play up" a division, but never allowed to "play down" – no exceptions. A player who is "playing up" a division based on his/her eligibility age, is only allowed to play in the highest skill level of his/her true division of eligibility.
ROSTERS:	Each team must have a minimum of 11 players. Teams will be formed by the league and will include no more than 13 players, although larger sized rosters will be accepted should a team make such a request.
EQUIPMENT:	All Players must wear the following equipment: Matching jersey with a number, street hockey helmet (with face cage), shin guards, elbow pads, hockey gloves, hockey stick, protective cup (recommended for boys). Goalies: leg pads, goalie glove & blocker (no baseball mitts) chest protector.
GAME LENGTH:	PEE WEE – (1) 8 minute practice time and (2) 14 minute periods with stoppage every 2 minutes for line changes. PENGUIN, BEAVER, CADET & FRESHMEN - (1) 5 minute practice time and (3) 12 minute periods. For Penguin, Beaver, Cadet & Freshmen, stop time will be played for the final 2 minutes of each period.
PENALTIES:	Standard NHL penalties will be called. The "icing" penalty will apply to the Beaver, Cadet and Freshmen divisions only.
OVERTIME:	REGULAR SEASON GAMES: PEE WEE - If there is a tie at the end of the last period, the game will end in a tie. PENGUIN, BEAVER, CADET & FRESHMEN - a 5-minute sudden death overtime period will be played to attempt to break the tie. If the score remains tied at the end of the 5 minutes, the game will end in a tie. PLAYOFF GAMES: If there is a tie at the end of the last period, a 5-minute sudden death overtime period will be played. If at the end of the 5-minute overtime, the score is still tied, a shootout will be conducted to break the tie.
TIME OUTS:	Each team gets 2 timeouts for the game. 1 additional timeout will be given for the 5-minute overtime period.
OFFSIDES:	PEE WEE – off sides will NOT be enforced. PENGUIN, BEAVER, CADET & FRESHMEN – The off side rules will be enforced.
CHAMPIONSHIP GAMES:	The Sports Arena will conduct a championship game extravaganza, which will include special features to make the game memorable for the players.
TROPHIES & AWARDS:	The 1 st place teams will receive a championship award after the championship game has been completed.
CONDUCT:	All coaches, parents and players are expected to exhibit good sportsmanship at all times. For PENGUIN, BEAVER, CADET & FRESHMEN, a player who receives 3 penalties will be ejected from the game.
FORFEITS	Any team that forfeits 3 or more games in a season will NOT be eligible to play in the playoffs.